



Principal and Office Litigation Manager, Tampa

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Amy K. Recla is a principal and the litigation manager in the Tampa, Florida, office of Jackson Lewis P.C. Her practice focuses on representing employers in workplace law matters, including preventive advice and counseling.

Prior to joining Jackson Lewis, Amy was a partner with the Labor and Employment practice group of a large civil defense firm based in Miami, Florida. She practices the spectrum of employment matters, including claims such as race, age, religion, national origin, disability and sex discrimination, sexual harassment, retaliatory discharge, whistleblower, and wage and hour issues. Amy has represented employers in cases in federal and state courts and before administrative agencies.

Amy works hard to develop a full understanding of matters and trends impacting her clients' businesses to ensure effective and accurate client service. When it comes to litigation, Amy prefers a proactive approach, previewing what comes next and preparing her clients to stay one step ahead.

Amy spends her spare time with her husband and three children who are active in sports and school activities. When not at an event for her kids, she likes to read and practice yoga.

Practices

- National Compliance and Multi-State Solutions
- Disability, Leave and Health Management
- Employment Litigation
- Pay Equity
- Wage and Hour

Education

- Stetson University College of Law, J.D. 2012
- University of South Florida, M.A. 2003
- University of Central Florida, B.A. 1999

Admitted to Practice

- Florida - M.D. Fla. 2015
- Florida - S.D. Fla. 2023
- Florida 2013

Honors and Recognitions

- *The Best Lawyers in America*®, "Ones to Watch: Labor and Employment Law – Management" and "Ones to Watch: Litigation – Labor and Employment" (2024-present)
- *The Best Lawyers in America*®, "Labor Law – Management" and "Litigation – Labor and Employment" (2025)

Pro Bono and Community Involvement

- Great American Teach-In