



Associate, White Plains

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Practices

- Restrictive Covenants, Trade Secrets and Unfair Competition
- National Compliance and Multi-State Solutions

Education

- Cornell Law School, J.D. 2021
- Columbia University, B.A. 2017

Admitted to Practice

- New York - E.D. N.Y. 2022
- New York - S.D. N.Y. 2022
- New York 2022

Jill Chow is an associate in the White Plains, New York, office of Jackson Lewis P.C. Her practice focuses on representing employers in workplace law matters, including employment discrimination litigation and preventive advice and counseling. Jill works on matters filed in federal and state court, as well as with various federal and state agencies. She assists organizations on items such as leave law policies, wage and hour matters, as well as responding to ERISA Funds' audits. Jill is also experienced in multi-employer fund collections litigation.

While attending law school, she was a notes editor of the Cornell International Law Journal and participated in the Labor Law Clinic.