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Lindsey H. Chopin is a principal in the New Orleans, Louisiana, office of Jackson Lewis P.C. and a member of the firm's ERISA Complex Class Action, Employee Benefits and Class Action groups.

Lindsey focuses her practice on the defense of complex ERISA class-actions filed against public and private single employer ERISA plan sponsors and fiduciaries, as well as multi-employer plans and fiduciaries and ERISA plan services providers. She has litigated a wide variety of class action claims, including 401(k) fee claims, stock drop claims, defined benefit mortality assumption claims, "church plan" and "government plan" claims, health and welfare plan claims, and ERISA Section 510 claims. Lindsey also litigates ERISA benefit claims and claims involving non-ERISA plans.

Lindsey is the author of several ERISA-related articles, including an article focusing on ERISA fee litigation that appeared in the *Benefits Law Journal*, and is a frequent speaker on ERISA and class action litigation issues, including e-discovery best practices and ethics and professionalism when using social media in litigation. She is a senior editor of Chapter 15 of Bloomberg BNA's *Employee Benefits Law* treatise and a contributing author to the ERISA Fiduciary Answers Book and Chapter 39 of the sixth edition of Bloomberg BNA's *ERISA Litigation* treatise published in November 2017.

Prior to joining Jackson Lewis, Lindsey practiced complex ERISA litigation for five years at a large, national firm and served as a one-year term clerk for the Honorable Carl J. Barbier in the United States District Court for the Eastern District of Louisiana.

While attending Loyola University School of Law, Lindsey was the articles and symposium editor of the *Loyola Law Review* and received the "Best Casenote Award" for her casenote analyzing the impact of *Kasten v. St. Gobain Performance Plastics Corp.*, 563 U.S. 1 (2011), an FLSA matter decided by the U.S. Supreme Court.

Prior to attending law school and practicing law, Lindsey was a teachNOLA fellow and taught high school French in New Orleans' public schools.

Honors and Recognitions

- *The Best Lawyers in America*®, "Employee Benefits (ERISA) Law" and "Employment Law – Management" (2025)
- *Legal 500 USA*, "Recommended Attorney" (2024)
- *New Orleans Magazine*, "Top Lawyers: Employee Benefits Law" (2023)
- *The Best Lawyers in America*®, "Ones to Watch: Employee Benefits (ERISA) Law" and "Ones to Watch: Labor and Employment Law - Management" (2021-2025)
- *Louisiana Super Lawyers*®, "Rising Stars" (2018-present)

Published Works

Practices

- Financial Services
- Class Actions and Complex Litigation
- ERISA Complex Litigation
- Employment Litigation

Education

- Loyola University New Orleans School of Law, J.D. 2013
- Indiana University, B.A. 2008

Admitted to Practice

- U.S. Supreme Court 2014
- 5th Circuit Court of Appeals 2014
- 8th Circuit Court of Appeals 2018
- Illinois - C.D. Ill. 2016
- Louisiana - E.D. La. 2014
- Louisiana - M.D. La. 2014
- Louisiana - W.D. La. 2014
- Louisiana 2014

- *ERISA Fiduciary Answer Book* (Wolters Kluwer 11th ed. 2022) [Contributor]
- “Belknap v. Partners Healthcare and Recent Developments in ERISA’s Actuarial Equivalence Litigation,” *American Bar Association* (May 2022) [Co-Author]
- *Employee Benefits Law* (Bloomberg BNA) [Contributing Author (2014-2019), Senior Editor (2019-present)]
- *ERISA Litigation, 6th ed.* (Bureau of National Affairs, Inc. 2017) [Contributing Author]
- “401(k) Fee Litigation: Recent Case Teachings on Exposures and Practices to Mitigate That Risk,” *Benefits Law Journal* Vol. 28 No. 4 (Wolters Kluwer, 2015) [Co-Author]

Speeches

- “ERISA Litigation Hot Topics,” Association of Employee Benefit Planners of New Orleans (November 2024)
- “Benefit Claims: Administrative Procedures & Litigation Overview,” ERISA Basics National Institute Series (Webinar, June 2020) [panelist]
- “Top Ten Employee Benefits Issues 2019,” ABA Employee Benefits Conference Mid-Winter Meeting (Palm Springs, CA, February 2019) [panelist]