JacksonLewis



Practices

- Financial Services
- Entertainment and Media
- Retail
- National Compliance and Multi-State Solutions
- COVID-19
- Pregnant Workers Fairness Act and PUMP for Nursing Mothers Act
- Disability, Leave and Health Management
- Employment Litigation
- Corporate Diversity Counseling

Education

- University of Notre Dame Law School, J.D. 2011
- College of the Holy Cross, B.A. 2008

Admitted to Practice

- 2nd Circuit Court of Appeals 2015
- New Jersey D. N.J. 2011
- New York E.D. N.Y. 2012
- New York S.D. N.Y. 2012
- New York W.D. N.Y. 2017
- New Jersey 2011
- New York 2012

Tania J. Mistretta

(She/Her)

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Tania J. Mistretta is a principal in the New York City, New York, office of Jackson Lewis P.C. and the co-leader of the firm's Retail industry group. She partners closely with national and local clients to advise on challenging workplace law issues, providing strategic advice on how to achieve business objectives while ensuring compliance with the law.

As a member of the Disability, Leave and Health Management Practice Group, Tania specializes in offering preventative advice on disability-related and leave management issues. She also assists employers with understanding the evolving federal, state and local leave laws to efficiently manage requests for accommodations and leave. She regularly advises employers on a broad range of employee issues, including performance counseling, separations and reductions in force, and helps them implement policies to stay in compliance with increasing changes to the law.

Tania maintains an active litigation practice representing clients in workplace disputes before federal and state courts, in arbitration, and before administrative agencies.

Tania also conducts interactive and engaging training programs for executive leadership teams, managers, employees, and human resource professionals on workplace topics ranging from discrimination and harassment prevention; diversity, equity, inclusion, and bias; conducting workplace investigations, and best practices.

Whether it be advising on day-to-day issues, or developing policies and being available as needed, Tania prides herself on her responsiveness and tailored approach to accomplishing each client's goals.

While attending law school, Tania competed nationally on the Moot Court Trial Team and served as executive production editor for the *Notre Dame Law School Journal of Legislation*.