

Special Report

# The Year Ahead 2024: Employee Wellness

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## The Year Ahead 2024: Employee Wellness

2024 is shaping up as a year of unique challenges that could impact how employees are showing up to the workplace and handling life challenges or emotionally charged events. Jackson Lewis principals [Michael Griffin](#) and [Michael Thomas](#) discuss why employee well-being is important and what employers can do to promote an environment where everyone contributes to the quality of workplace culture.

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## Podcast Speakers





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