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Sharlynn M. Mate is an associate in the Los Angeles, California, office of Jackson Lewis P.C. Her practice focuses on representing employers in workplace law matters, including preventive advice and counseling.

### Education

- Southwestern Law School, J.D. 2019
- California State University, Northridge, B.S. 2016

### Honors and Recognitions

- *The Best Lawyers in America*®, “Ones to Watch: Commercial Litigation” (2025)

### Admitted to Practice

- California 2020