



Associate, Sacramento

P 916-288-3022

F 916-341-0141

Taryn.McLaughlin@jacksonlewis.com

Taryn McLaughlin is an associate in the Sacramento, California office of Jackson Lewis P.C. Her practice focuses on defending and advising employers in workplace law matters, including wage and hour practices, class actions, discrimination, retaliation, and wrongful termination lawsuits. Taryn practices before state and federal courts and administrative agencies in California. She also works with employers on preventative policies and practices to minimize the risks of employment litigation.

In law school, Taryn graduated Order of the Coif and served as an executive editor on the *UC Davis Law Review*. She also competed for three years on the UC Davis Trial Practice Honors Board, most notably advancing to the quarterfinals of the AAJ Student Trial Advocacy Competition Nationals. Her law school experience demonstrates her ability to succeed in fast-paced team environments.

Taryn has a passion to serve and defend clients with complex employment law matters.

## Published Works

- “What Health Care Institutions Need to Know About the NIOSH "Impact Wellbeing Guide": Implementation and Best Practices to Promote Employee Engagement and Retention,” *American Health Law Association Health Law Connections*, (September/October 2024, Volume 5, Issue 5) [Co-Author]

## Education

- University of California, Davis School of Law, J.D. 2023
- California Polytechnic University at San Luis Obispo, B.A.

## Admitted to Practice

- California 2023