

Podcast

The Year Ahead in Wellness

By Michael D. Thomas & Michael A. Griffin

January 23, 2023

Meet the Authors



Michael D. Thomas

Principal

(949) 885-5240

Michael.Thomas@jacksonlewis.com



Michael A. Griffin

Office Managing Principal and

Office Litigation Manager

(206) 626-6416

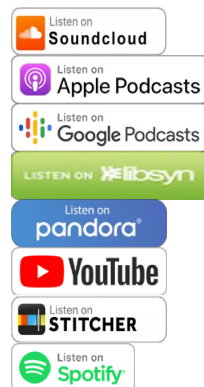
Michael.Griffin@jacksonlewis.com

Details

January 23, 2023

Even though workplace conversations about mental health and wellness have become more acceptable, most employers are not therapists. Jackson Lewis principals Michael Griffin and Michael Thomas discuss how employers can establish a better baseline beyond legal obligations to reap the benefits that come from a workplace where employees are healthy, show up fully and thrive.

Jackson Lewis P.C. · The Year Ahead in Attorney Wellness



Related Services

Healthcare

Workplace Training

©2023 Jackson Lewis P.C. This material is provided for informational purposes only. It is not intended to constitute legal advice nor does it create a client-lawyer relationship between Jackson Lewis and any recipient. Recipients should consult with counsel before taking any actions based on the information contained within this material. This material may be considered attorney advertising in some jurisdictions. Prior results do not guarantee a similar outcome.

Focused on labor and employment law since 1958, Jackson Lewis P.C.'s 1000+ attorneys located in major cities nationwide consistently identify and respond to new ways workplace law intersects business. We help employers develop proactive strategies, strong policies and business-oriented solutions to cultivate high-functioning workforces that are engaged, stable and diverse, and share our clients' goals to emphasize inclusivity and respect for the contribution of every employee. For more information, visit <https://www.jacksonlewis.com>.